

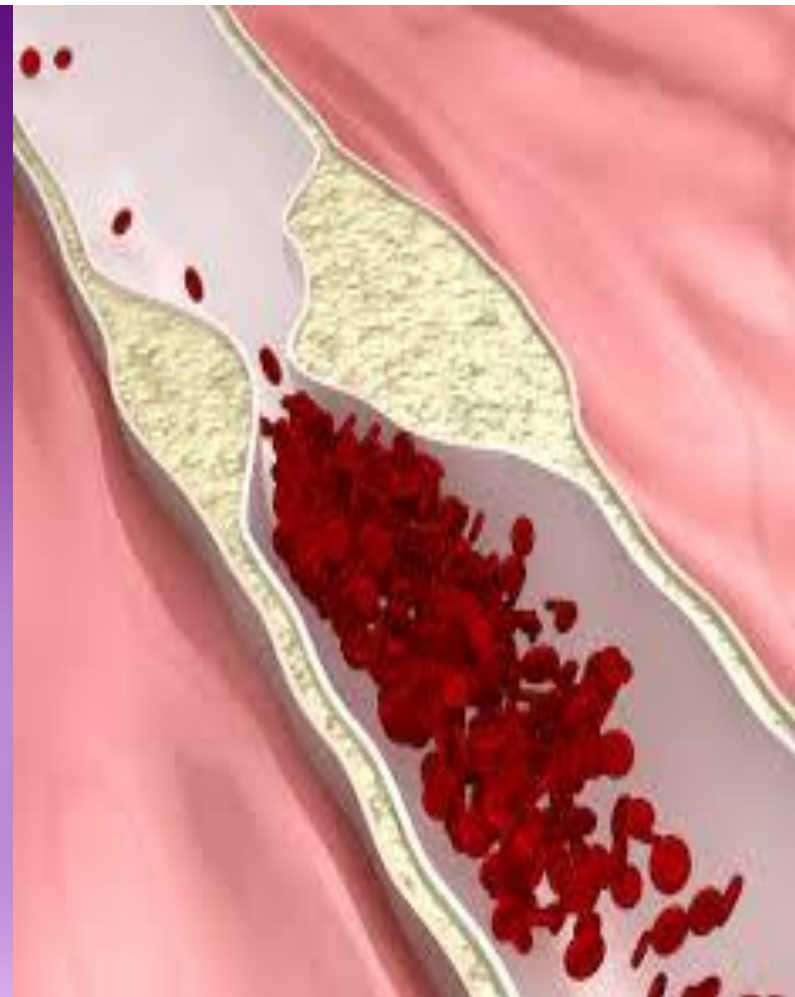


“4th India Risk Factor Symposium”

Under the Auspices of



European Society of Hypertension



**October 23rd, 2016,
Hyderabad, Telangana, India**



“4th India Risk Factor Symposium”

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Date: October 23rd, 2016

Venue: Hotel Trident, Hyderabad, India

Total No. Of Delegates: 154

“4th India Risk Factor Symposium” was conducted by CME Foundation of India in collaboration with American Society of Hypertension and European Society of Hypertension.

The sole objective of the CME was to update the Cardiologists, endocrinologists, internists and family physicians about new techniques and guidelines in management of the following aspects of hypertension, dyslipidemias and diabetes under the auspices of the American Society of Hypertension and European Society of Hypertension.

Faculties:

1. **Dr. David Newby, MD, PhD.**
University of Edinburgh, UK.
2. **Dr. Alan Gradman, MD.**
Temple University School of Medicine,
Pittsburgh, PA, USA.
3. **Dr. Sanjay Rajagopalan, M.B.B.S, FACC, FAHA**
Case Western Reserve School of Medicine, Cleveland, OH
4. **Dr. Kausik Ray, MBChB, MD, Mphil,**
Imperial College, London.



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5. **Dr. Michael J. Bloch, MD**
University of Nevada School of Medicine, U.S.A
6. **Dr. Ajith Mullasserri, M.D.**
Madras Medical College, Chennai.
7. **Dr. Prassana Kumar, M.D, D.M (Endo)**

Topics:

- Case 1 - Recent Concepts in Atherosclerosis Risk Assessment and Perspectives for the Future.
- Case 2 - Approach to Evaluation and management of Severe Elevations in LDL Cholesterol.
- Case - 3 Implications of Recent Clinical Trials In Hyperlipidemia: Should <50 mg/dl of LDL-C be Routine.
- Management of Atherogenic Dyslipidemia Evolving Approaches.
- Discussion in Hyperlipidemia.
- Sprint to the Finish: The last of the Great Debate in Hypertension or is there more?
- Combination therapy in Hypertension: The Why, How, What and which Treatment?
- The Great RAS Debate: Are there Differences between ARBs In hypertension?
- Challenging Cases and Problems in Hypertension: Moderated Case discussion?
- Optimization Glycemic Control and Cardiovascular Risk in Type 2 Diabetes.
- SGLT2-inhibitors or GLP-1 Agonists in high Risk Diabetes: What do the Trials tell us?
- Personalizing Diabetes Management: How to choose Among Oral Agents.
- DPP4 Inhibitors and Cardiovascular Outcome Trials.



Dr. Kausik Ray
MBChB, MD, Mphil
Imperial College, London.

Dr. Kausik Ray talked on topics:

1. Approach to Evaluation and management of Severe Elevations in LDL Cholesterol.
2. Management of Atherogenic Dyslipidemia Evolving Approaches.
3. Discussion in Hyperlipidemia.
4. Optimization Glycemic Control and Cardiovascular Risk in Type 2 Diabetes.



Dr. David Newby,
MD., PhD
University of Edinburgh, UK.

Dr. David Newby spoke on topics:

1. Case - Recent Concepts in Atherosclerosis Risk Assessment and Perspectives for the Future.
2. Optimizing anti-platelet management in the Type II Diabetic with CAD: is Newer necessarily better?



Dr. Allan Gradman,
MD, FACC, FASH
Temple University School of
Medicine, Pittsburgh, Pennsylvania

Dr. Allan Gradman talked on topics:

1. The Great RAS Debate: Are there Differences between ARBs In hypertension?
2. Sprint to the Finish: The last of the Great Debate in Hypertension or is there more?



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Dr. Sanjay Rajagopalan,
M.B.B.S, FACC, FAHA
Case Western Reserve School
Of Medicine, Cleveland, OH

Dr. Sanjay Rajagopalan spoke on topics:

1. Case - Implications of Recent Clinical Trials in Hyperlipidemia: Should <50 mg/dl of LDL-C is Routine.
2. SGLT2-inhibitors or GLP-1 Agonists in high Risk Diabetes: What do the Trials Tell us?
3. DPP4 Inhibitors and Cardiovascular Outcome Trials.
4. Moderated Discussion on Optimizing Risk in Diabetes with known CAD.



Dr. Michael Bloch,
MD.
University of Nevada of
Medicine, Las Vegas, USA

Dr. Michael Bloch spoke on topics:

1. Combination therapy in Hypertension: The Why, How, What and which Treatment.
2. Challenging Cases and Problems in Hypertension: Moderated Case discussion?



Dr. Ajith Mullasserri,
MD.
Madras Medical College,
Chennai

Dr. Ajith Mullasserri spoke on topics:

- Multivessel PCI versus CABG in the Type II Diabetic: In which Diabetic is what indicated?



Dr. Prasanna Kumar,
MD, DM (Endo)

Dr. Prasanna Kumar spoke on topics:

- Personalizing Diabetes Management: How to choose Among Oral Agents.



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FEEDBACKS FROM DELEGATES:

1. PIH & Hypertension management in young
2. Rheumatic Heart Disease & Cardiomyopathies
3. Management of DM should be added
4. Rheumatic valvular Disease , Polypill concept
5. Heart Failure , Atrial Fibrillation , Current aspect & relevance to India
6. Absorbable stents and their future usage in interventional cardiology
7. Arrhythmias and their effective management
8. 2D Echo & Recent advances in Echocardiography to rule out cardiac disease at earliest
9. More Clinical Topics
10. Slides of Dr. Peterson were entertaining & impressive
11. Role of primary PCI - DM type 2
12. Compensated Hypertension by some patient without symptoms
13. Endothelial dysfunction in post-myocardial infarction tissue
14. Rheumatic Heart Disease
15. Relationship of arrhythmia with hypertension and management
16. Hyponatremia with heart, CAD, Cirrhosis of liver with Hepatorenal syndrome , CAD,SVT with COPD & CLD.
17. Methodology of research - How to proceed in our clinical practice - India scenario.



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Comments/Suggestions from Delegates:

- Keep it continue further
- Keep it up
- Should have been more on clinical content
- Good keep it up
- It is wonderful events and highly informative
- Over all it's a nice informative programme , Hope to see more such programme
- Good Conference
- CME should be in morning , Afternoon and Evening should be for rest & entertainment
- Keep it up
- Invite clinical cases from physicians of India ,give them to present and then discussion by International faculties
- Recent advances topic should be included



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PHOTOGRAPHS



Registration Desk



Panel Discussion

Few Photographs of Faculty and Delegates Discussion and Delegates listening the lecture.





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FELICITATION OF FACULTIES





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